

<b>USPC FLOW CHART B</b>	<b>Name:</b>
<b>Riding Test Expectations</b>	<b>Candidates should demonstrate an independent seat and effective tactful use of aids on the flat and over fences. Candidates should ride each horse forward while establishing and maintaining a regular pace with the horse accepting the aids; be confident in coping with disobedience; be able to explain the application and reasons for aids and to discuss the basic principles of dressage.</b>
Riding on the Flat	<p>___ Demonstrate warm up for work on the flat.</p> <p>___ Discuss the reasons for warm-up, the amount of time required for the horse being ridden, and why.</p> <p>___ Be prepared to ride the following movements, demonstrating accurate and smooth transitions and correct use of the aids:</p> <p>___ Serpentine, 3 loops sitting and/or posting at the trot</p> <p>___ Change of rein across the diagonal</p> <p>___ 10 meter half circle, walk and/or trot</p> <p>___ 20 meter circle, sitting trot and/or canter</p> <p>___ Canter change of lead through walk and/or trot</p> <p>___ Lengthening of stride, at trot and/or canter</p> <p>___ Leg-yielding, walk and/or trot</p> <p>___ Reinback</p> <p>___ Evaluate and discuss performance with examiner including strong and weak points of the mount being ridden</p> <p>___ Ride on the flat without stirrups at all gaits.</p> <p>___ Demonstrate ability to ride different horse with confidence and tact at all gaits while performing basic schooling figures.</p> <p>___ Discuss performance</p>

Riding over Fences	<p>___ Discuss the benefits of cavaletti/trotting poles and know how to adjust distances for own horse.</p> <p>___ Demonstrate warm-up for jumping, including work over cavaletti.</p> <p>___ Demonstrate ability to ride over fences at height not to exceed 3'7". Course to include combination fences.</p> <p>___ Critique performance in relating to the effectiveness of the riding plan.</p> <p>___ Ride without stirrups over a grid showing a secure and independent seat.</p> <p>___ Ride without stirrups over 2 or 3 fences.</p> <p>___ Demonstrate ability to ride a different horse over fences with tact and confidence.</p> <p>___ Critique performance, showing understanding of causes of any disobediences.</p>
Riding in the Open	<p>___ Demonstrate a knowledge of pace, and galloping position when appropriate, for an estimated 240 m/m, developing to 350 m/m and 450 m/m.</p> <p>___ Ride own horse over a variety of cross country fences at height not to exceed 3'7".</p> <p>___ Candidates may be asked to demonstrate ability on a different horse over several natural fences.</p> <p>___ Critique performances, showing understanding of causes of any disobediences.</p> <p>___ Time allowing and terrain suitable, ride safely in a group at a controlled trot and canter, to include several natural fences if available.</p>
<b>Horse Management Expectations</b>	<b>Candidates must demonstrate sound judgment and maturity in the care of horses and equipment and an understanding of the reasons for what they are doing. They must show, through discussion and demonstration knowledge of veterinary care, longeing, and teaching principles.</b>

<p>Tack</p> <p>Turn-out</p>	<p>___ Correct formal or informal attire.</p> <p>___ The candidate is to be dismounted, facing and slightly to the side of the horse, holding on rein with each hand, close to the bit. Thumbs should not be hooked into bit rings. Spurs are optional.</p> <p>___ Horse to be clean, showing results of effective daily grooming.</p> <p>___ Tack to be safe and clean, indicating consistent care.</p> <p>___ Discuss the purpose and correct fit of horse's equipment, as well as different types of bits, bridles, nosebands, saddles, pads, girths, martingales, breastplates, cruppers, and boots.</p>
<p>Nutrition</p>	<p>___ Relate feeding principles to their effect on the horse's digestive system.</p> <p>___ Discuss the 6 classes of nutrients and why they are needed.</p> <p>___ Discuss the nutritive value of own horse's feed and supplements.</p> <p>___ Discuss seasonal variations in planning a mounts ration.</p> <p>___ Evaluate hay, grain, and bedding as to suitability and safety.</p>
<p>Stable Management</p>	<p>Discuss the life cycle of internal parasites and the preventive measures for ___ strongyles</p> <p>___ bots</p> <p>___ ascarids</p> <p>___ lung worms</p> <p>___ strongyloides</p> <p>___ tape worms</p> <p>___ haebroma (summer sores)</p> <p>___ pinworms.</p>

<p>Conformation</p> <p>Lameness</p>	<p>___ Discuss the anatomy of the front and hind leg from shoulder and hip down, to include principal bones, tendons, and ligaments.</p> <p>___ Discuss conformation, both good and not so good, of horse being presented.</p> <p>___ Discuss how good confirmation relates to long term soundness.</p> <p>___ Discuss conformation of the horse as it relates to interfering, over-reaching, forging.</p> <p>___ Discuss the following common causes of lameness, giving location and inner structure involved:</p> <ul style="list-style-type: none"> <li>___ navicular</li> <li>___ sidebone</li> <li>___ ringbone</li> <li>___ splints</li> <li>___ osselets</li> <li>___ bog and bone spavins</li> <li>___ curb</li> <li>___ bowed tendon</li> <li>___ bucked shins</li> <li>___ cracks</li> <li>___ corns</li> <li>___ suspensory problems</li> </ul>
<p>Record Book</p>	<p>___ A record book (health, maintenance, immunizations) must be kept up to date and brought to the test. Records must be complete for at least one year prior to test. Records should reflect the appropriate depth of knowledge for this level.</p>

<p>Veterinary Knowledge</p>	<p>___ Determine and discuss age by teeth on presented horse.</p> <p>___ Discuss special problems such as over or under shot mouth, cribbing, and reasons for floating periodically.</p> <p>Discuss causes, signs and preventive measures for the following</p> <p>___ colic</p> <p>___ laminitis/founder</p> <p>___ azoturia/tying up</p> <p>___ common diseases such as flu, strangles, tetanus, encephalomyelitis, rhino, heaves, choking and skin and teeth problems</p> <p>___ Discuss signs of a horse in distress (including vital signs) and care needed.</p>
<p>Teaching</p>	<p>___ Discuss the care of D and C Pony Clubbers to keep them safe, interested, and happy during a lesson situation.</p> <p>___ Discuss and compare courses suitable to be ridden by a D, C, or B Pony Clubber.</p> <p>___ Present a written mounted lesson plan to be included in the front of your record book.</p>
<p>Longeing</p>	<p>___ Discuss proper fit and use of equipment.</p> <p>___ Discuss how to teach a horse to longe.</p> <p>___ Discuss benefits and dangers of longeing the horse.</p> <p>___ Discuss benefits and dangers of longeing the rider.</p> <p>___ In addition, lunge own pony appropriate to its ability, at the walk, trot, and/or canter for warm-up, to include free forward movement, and establish regular rhythm. Be prepared to use side reins.</p>

Foot & Shoeing	<p>___ Discuss the structure and function of the hoof.</p> <p>___ Discuss shoes, different types for specific reasons, fit to hoof, and removed.</p>
Bandaging	<p>___ Demonstrate shipping, stable, and tail bandages;</p> <p>___ Discuss materials used, reasons for wrapping, and potential dangers.</p>